

## 5 steps to wellness in dentistry

Ergonomics tips for a long, pain-free career

## 7 common questions about dental EHR

### TECHNIQUE:

How to efficiently remove fixed restorations with crown cutters

## Apps for efficiency and security



DR. JOHN FLUCKE

How can you improve your efficiency and security? Apps can help. As promised, here is part two of my list of ways to become more efficient and safer living in a digital world.

### Sticky Password

We hear it all of the time: Use complicated passwords and whatever you do, do NOT use the same password for multiple accounts. The reason for this, of course, is if hackers get your frequently used password, they can hijack several of your accounts and not just one.

That sounds all well and good in theory, but with so many websites and apps that require a username and password, how are we supposed to come up with a different, secure password for each individual one and remember them? That, my friends, is where Sticky Password comes in.

Sticky Password is an app that works on every device you own. There are versions for iOS, Android, Windows and Mac. The genius of this app is its simplicity. When starting, you create an account and give that account a complicated master password. ... See apps, page 66



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# THE STATE OF DENTAL IMPLANTS

Our annual look at innovations in the implant workflow.

by Lauren Krzyzostaniak

Over half of the 500,000 dental implants placed in the U.S. every year are placed by general dentists—and that number is growing, according to the American Academy of Implant Dentistry. Thanks to the digital workflow, specifically CAD/CAM technology, more general dentists are gaining the tools and confidence needed to offer implants to their patients.

### Technology

"There are many dental professionals who, understandably, are wary of new ways of working and prefer to continue using the processes they were originally trained in," says Dr. Pascal Kunz, vice

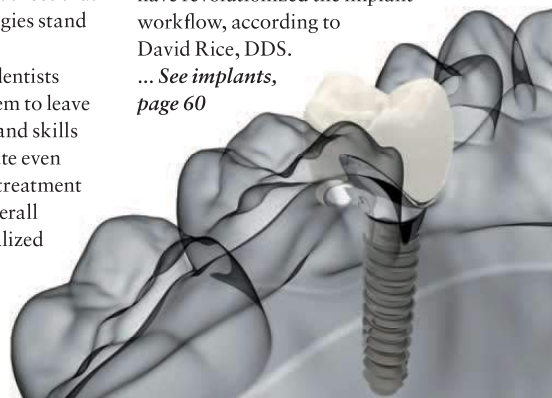
president of product management for digital dentistry at Nobel Biocare. "The number of early adopters in dentistry remains relatively small, but those that embrace emerging technologies stand to benefit."

Technology should help dentists become better, not force them to leave their traditional education and skills untapped. "We have to create even better synergies within the treatment teams," he says. "I think overall the industry leaders have realized that digital dentistry has arrived and are beginning to embrace the change that is happening."

### How CAD software is impacting the implant workflow

Computer-aided design and milling have revolutionized the implant workflow, according to David Rice, DDS.

... See implants, page 60



## DPR EDITORS' CHOICE



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